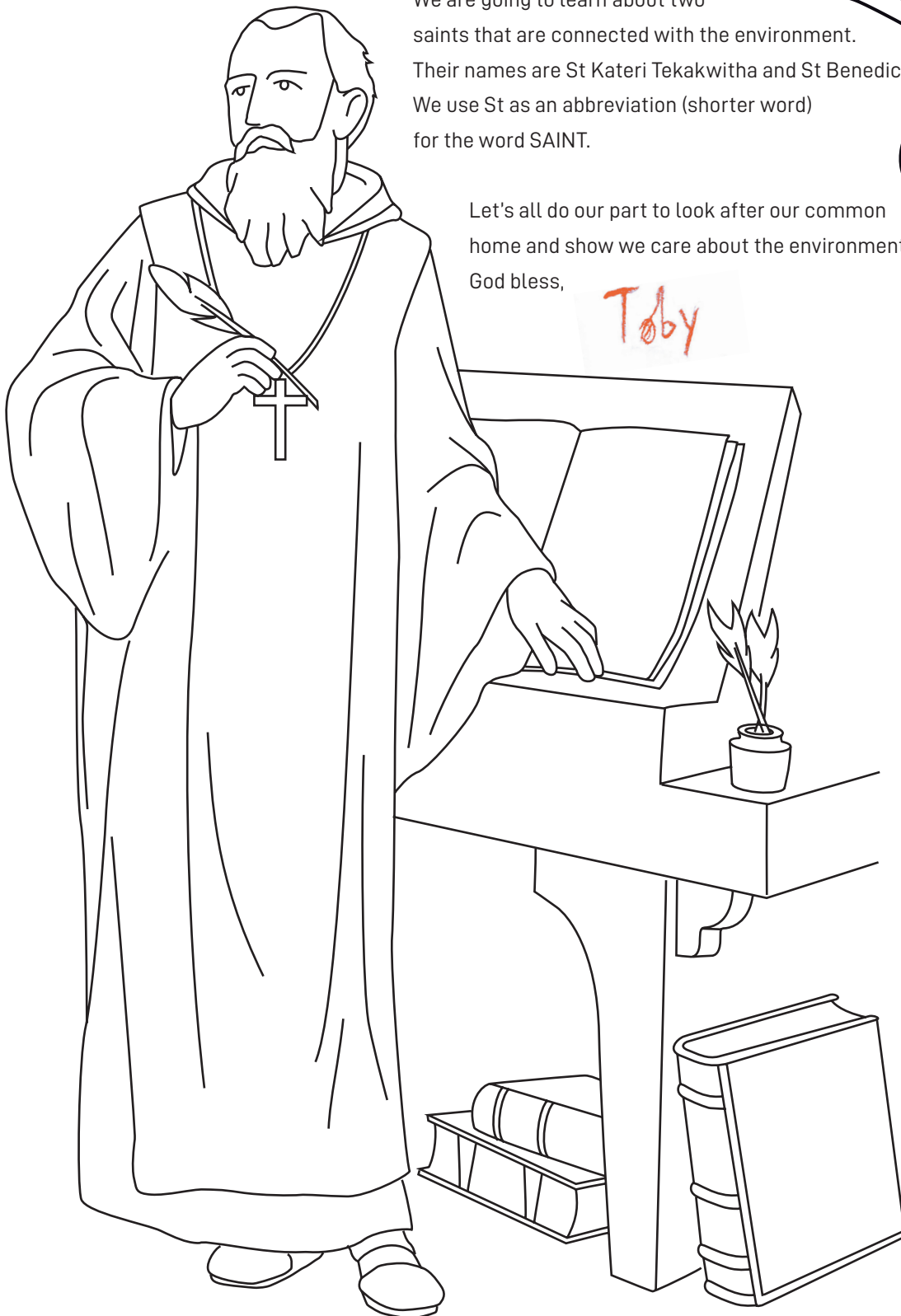
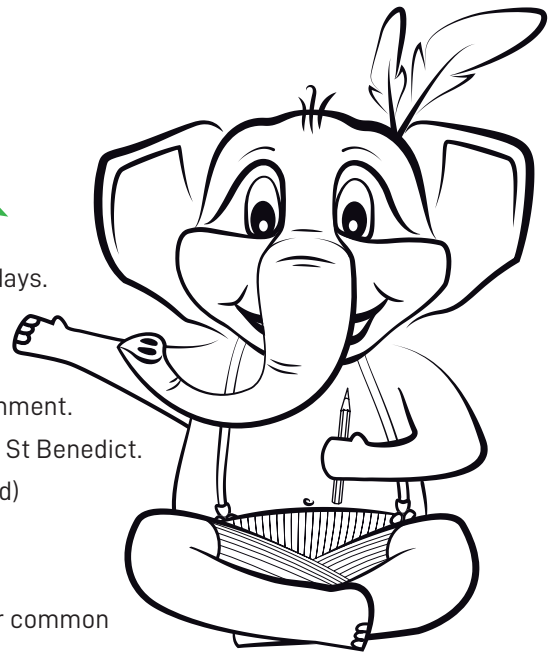


# Dear Children

I hope you are enjoying your summer holidays.  
Be sun-smart, stay safe and have fun!  
We are going to learn about two  
saints that are connected with the environment.  
Their names are St Kateri Tekakwitha and St Benedict.  
We use St as an abbreviation (shorter word)  
for the word SAINT.

Let's all do our part to look after our common  
home and show we care about the environment.  
God bless,

Toby



**Name:** St Benedict

**Born:** 480

**Died:** 547

**Feast day:** 11 July

**Patron Saint of** Europe.

**Life story:** St Benedict is known as the father of Western monasticism. Many monastic men and women belong to a Christian religious order named in his honour, the Order of Saint Benedict. He wrote the Rule of St. Benedict that these people follow. The Rule can be summed up by *pax* (*peace*) and *ora et labora* (*pray and work*). St Benedict's love for creation has spread throughout the world since his death more than 1,400 years ago.



**Name:** St Kateri Tekakwitha

**Born:** 1656

**Died:** 1679

**Feast day:** 14 July

**Patron saint of** Native Americans, ecology and the environment.

**Life story:** St Kateri Tekakwitha was 20 when she was baptised. Her life lights the way for everyone who wants to live in harmony with creation. Kateri Tekakwitha was the first Indigenous person of North America canonised as a saint in the Roman Catholic Church. She devoted her life to God. She came to be known as the Lily of the Mohawks during her life because of her kindness, prayer, faith and heroic suffering.

## ACTIVITY

**Design a poster showing ways we can care for our environment.**

You are welcome to share this with me by sending a photo of your poster to:

**toby@salesiansireland.ie**



[www.salesiansireland.ie/toby](http://www.salesiansireland.ie/toby)