

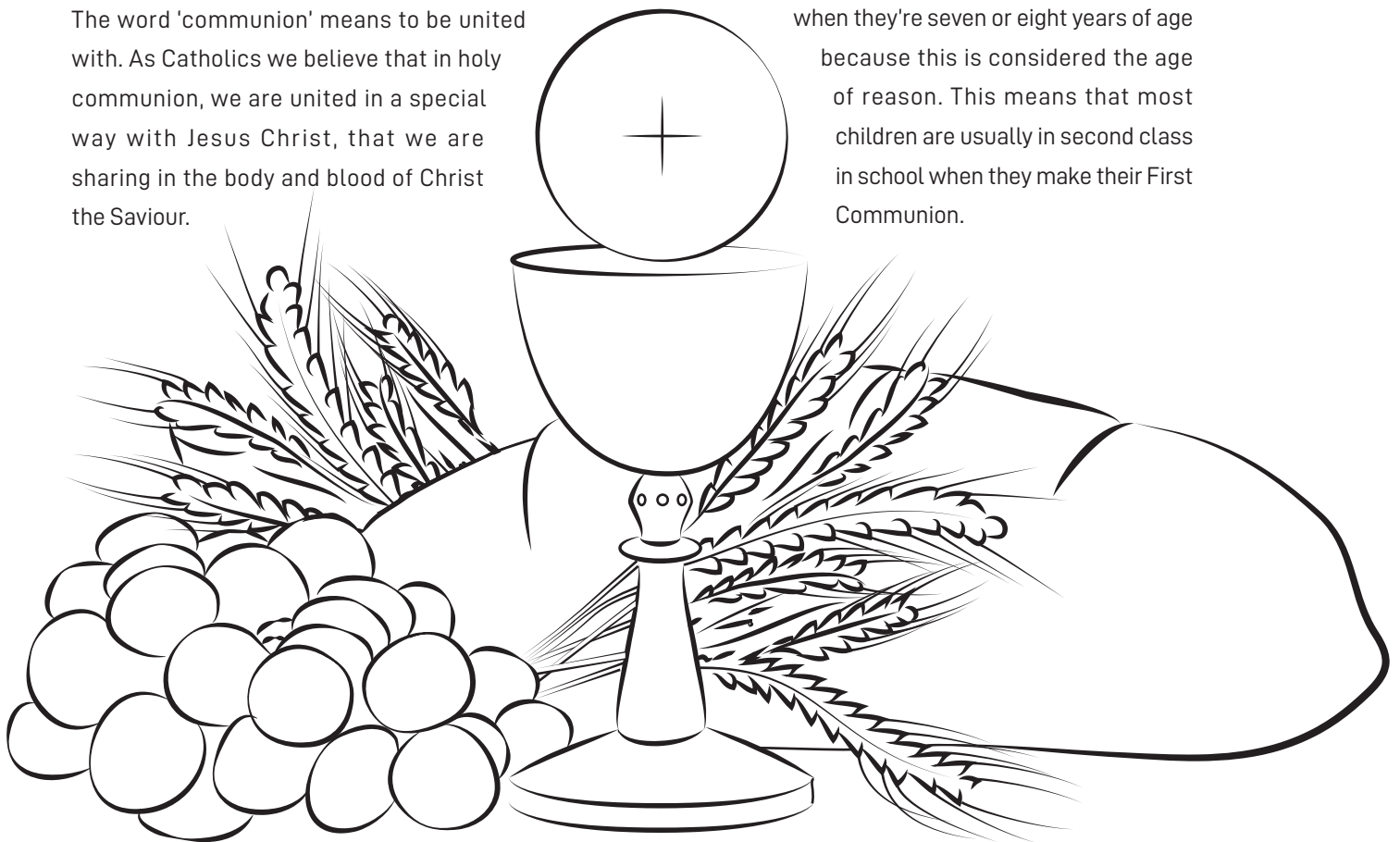
Hello children

First Holy Communion

May is a busy month in churches all over Ireland as many boys and girls will be making their First Holy Communion so I thought I would tell you more about this special Sacrament. It is also called the Sacrament of the Eucharist. The word 'communion' means to be united with. As Catholics we believe that in holy communion, we are united in a special way with Jesus Christ, that we are sharing in the body and blood of Christ the Saviour.

The celebration of First Holy Communion is a special moment on our faith journey. At the ceremony, each child receives Communion, the priest will place the small round piece of bread in the palms of their hands.

Most children receive their First Communion when they're seven or eight years of age because this is considered the age of reason. This means that most children are usually in second class in school when they make their First Communion.



ASK a Salesian

Children will make their first confession, i.e. the Sacrament of Reconciliation some weeks before receiving their First Holy Communion. The Sacrament of Baptism must also have been received before receiving the First Communion.

If you or your friends are celebrating this month I wish you every blessing on your special day!

God bless,



I know you love learning new things and that you have lots of questions about God and religion so I thought you might share some of these questions with my friends, the Salesians. They are looking forward to answering your questions. I will share the questions and answers with you all so we can share the learning as we journey together.

Please send your questions to Toby's page, **c/o Salesian House, 45 St. Teresa's Road, Crumlin, Dublin 12, D12 XK52** or email them to me at **toby@salesiansireland.ie**.

I am looking forward to hearing from you soon!



www.salesiansireland.ie/toby

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