

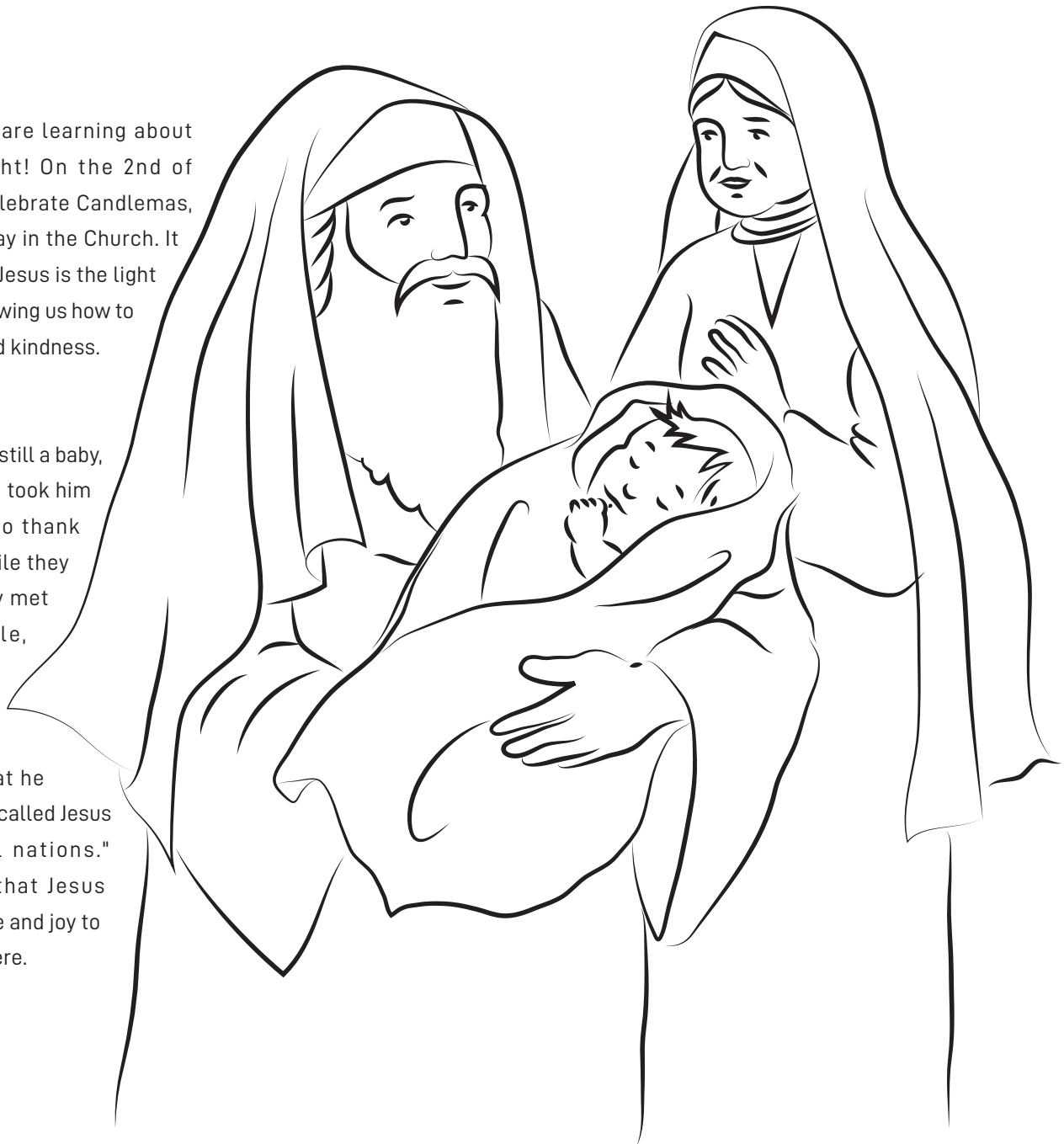
Dear girls
and boys!

Candlemas

Jesus, the Light of the World

This month we are learning about Jesus, Our Light! On the 2nd of February, we celebrate Candlemas, a very special day in the Church. It reminds us that Jesus is the light of the world, showing us how to live with love and kindness.

When Jesus was still a baby, Mary and Joseph took him to the temple to thank God for him. While they were there, they met two holy people, Simeon and Anna. Simeon was so happy to see Jesus that he praised God and called Jesus "a light for all nations." Simeon knew that Jesus would bring hope and joy to people everywhere.



Candlemas is called "Candlemas" because, on this day, many churches bless candles. These candles remind us of the light Jesus brings into our lives. Think about how a candle can brighten a dark room. In the same way, Jesus lights up our hearts and helps us find our way, even when times are hard.

We can follow Jesus by being little lights for others! Here are some ideas that you can try out:

- Smile at someone who looks lonely.
- Say thank you to your teacher or parents.
- Help someone without being asked.

Even small acts of kindness can make a big difference. When we do these things, we share Jesus' light with the world!

Let's pause for a moment and say this short prayer together:

*Dear Jesus,
Thank you for being the light of the world. Help me to follow your example and bring kindness and hope to others.
Amen.*

God bless,

Toby



www.salesiansireland.ie/toby

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Be the light for others

