

MARY

Help of Christians



Hello
children



May is a very special month because we remember Mary, the mother of Jesus. She is known by many names, and one of them is Mary Help of Christians. This means that Mary is always ready to help us, just like she helped Jesus and the people around her when she lived on earth.

A long time ago, people prayed to Mary when they were in trouble, and she helped them. That's why we call her Mary Help of Christians – she listens to our prayers and brings them to Jesus. Saint John Bosco, who loved working with children and young people, had a great love for Mary Help of Christians. He even built a church in her honour.

When we are worried, afraid or need help, we can pray to Mary. She is like a gentle mother who is always listening. Even when we are happy, we can thank her for helping us each day.



You can say a simple prayer like:

*Mary Help of Christians,
pray for us
and help us to be kind
and loving like you.*

Amen.

This May, why not make a little prayer corner at home with a picture or statue of Mary? You could place a flower there and say a short prayer each day. Remember, Mary is always close to you. She wants to help you grow in love, just like Jesus.

God bless,

Toby



www.salesiansireland.ie/toby

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