

Inspired by the Saints

Hello girls
and boys



Have you ever met someone who made you want to be your best self? That's what the saints do for us. They remind us that we can all do something good, no matter our age or where we live. Two very special saints, St Francis de Sales and St John Bosco, show us how to live with kindness, joy and faith.

St Francis de Sales taught that everyone can serve God in their own way. You don't have to be rich, powerful or perfect. You just have to do ordinary things with love such as helping at home, listening to a friend or trying your best at school. He believed that real holiness begins with a gentle heart.

Years later, St John Bosco, or Don Bosco as he was also known, followed in his footsteps. He worked with young people who had no one to care for them. St John Bosco taught them skills, played games with them and helped them discover that God loved them deeply. He once said, "Do good while you still have time." He believed that joy, friendship and kindness were the best ways to bring people closer to God. Both Francis de Sales and Don Bosco remind us that being a believer means being free to serve. We don't serve because we have to - we serve because we want to. When we choose kindness, help someone in need or share a smile, we're spreading God's love, just like they did.

This year, let's try to live like these two saints: gentle like Francis de Sales and joyful like Don Bosco. Together, we can make our world brighter by serving others with hearts full of love. 🌱

Wishing you all
a very happy
new year.

God bless,

Toby

